



# Belltown Community Center

## SPRING/SUMMER 2014

We host the Belltown Art Walk Kickoff every 2<sup>nd</sup> Friday of the month 6-7:30pm! Stop by for a free map and yummy snacks!

**Drop In Programs:**  
Toddler Playroom \$3/child  
Table Tennis and Chess FREE

### ADULT CLASSES

#### YOGA

In this creative class, open to all levels, you will learn to connect your breath and movement. We will introduce innovative, core vinyasa series, and will learn sun salutations, standing and seated postures along with pranayama (breath techniques that allow centering) and how yoga fits into your everyday life.

No class on Memorial Day, 5/26

#116327 5/5 – 6/2 Mondays 6-7:30 pm \$35

#### CAPOEIRA

Capoeira is a collective art form that brings together dance, music, and acrobatics and martial arts and was created four centuries ago by African slaves in Brazil. New students always welcome!

No class 2<sup>nd</sup> Wednesdays each month; no class on 5/26.

<i>Instructor: Jeff Forde</i>	<b>Drop-in: \$10</b>
#116330 4/7 – 6/16	Mondays 7- 8:30 pm \$75
#116331 4/2 – 6/18	Wednesdays 7- 8:30 pm \$85
#116391 6/23 – 8/18	Mondays 7- 8:30 pm \$85
#116392 6/25 – 8/20	Wednesdays 7- 8:30 pm \$75

#### MEDITATION

Find a way to find stability in your life. The class is taught by a local meditation teacher with over 20 years of experience.

<i>Instructor: Burt Singer</i>	<b>Drop-in: \$7</b>
#116362 5/7 – 6/4	Wednesdays 6-7 pm \$25
#116395 6/25 – 7/23	Wednesdays 6-7 pm \$25

Available for rentals, just ask us!

No membership fees required; center is open to all!

Except for our drop in programs, classes require registration 1 week before start date, or subject to cancellation. To register, please stop by or call (206)684-7245 during our operating hours, or sign up at [seattle.gov/parks](http://seattle.gov/parks) using class codes listed.

#### H.U.M.P. SERIES

Every second Wednesday of the month, we offer a different fitness event, join us for Healthy Urban Movement Parties! All parties are one-time events and advance registration is not required.

#### **BURLESQUE FITNESS PARTY!**

Come dance with us and get in shape as we dance the night away

6/11 Wednesday 6:00- 7:30pm \$5 drop-in

#### **MIXXEDFIT**

MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and bootcamp inspired toning. The program incorporates easy to follow choreography and things like squats and jumping jacks in a fun high energy workout!

7/9 Wednesday 6:00- 7:30pm \$5 drop-in

#### COOKING & BAKING CLASSES

Register for two or more classes and receive a discounted rate for each class!

#### **CHALLAH BREAD BAKING**

Join us for a hands-on workshop where we'll learn to make challah, a traditional braided Jewish bread. You'll learn mixing, kneading, rising, baking and several dough braiding techniques (three, four and six-strand loaves). We'll provide all the ingredients and you'll make your very own loaf to take home!

*Instructor: Carrie Carrillo*

#117980 6/18 Wed 5:30-8 pm \$25/ \$23 Series discount

[Seattle.gov/parks](http://Seattle.gov/parks)  
**BELLTOWN COMMUNITY CENTER**

415 Bell St  
Seattle, WA 98121  
206-684-7245



Please "like" us!  
[Facebook.com/Belltown.Community.Center](https://www.facebook.com/Belltown.Community.Center)

Hours: Mon, Wed 3-8 p.m.  
Tue, Thu, Fri 9:30 a.m.-2:30 p.m.

## SUMMER PIE CREATIONS

**Ages 14 and older**

Here's a chance to learn how to make delicious pies throughout the summer. You can take one or more in the series. The more you take, the less the price per class.

*Instructor: Carrie Carrillo*

### CHERRY PIE

#116371 6/25 Wednesday 5-8 pm

### APPLE PIE

#116372 7/2 Wednesday 5-8 pm

### SAVORY PIE

#116373 7/9 Wednesday 5-8 pm

### RHUBARB PIE

#116374 7/16 Wednesday 5-8 pm

\$35 for 1 / \$66 for 2 / \$90 for 3 / \$100 for all 4 classes

## TODDLER CLASSES

### CREATIVE MOVEMENT

**Ages 3 - 4**

This class is a lightly structured class to connect children to music and basic dance principles using fun, engaging music, games, and a lot of imagination!

*Instructor: Megan Barton*

#116338 5/6- 6/3 Tuesdays 10-10:45am \$39

### BALLET

**Ages 3 - 6**

This class is an introduction to ballet, using fun engaging music and games that encourage leadership and artistic expression. Children are encouraged to share creative ideas and participate in simple choreography.

*Instructor: Megan Barton*

#116329 5/6- 6/3 Tuesdays 11-11:45am \$39

**SPORTBALL®**

### PARENT AND CHILD

**Ages 2-3**

Parent and tot classes teach children important introductory physical skills and help them develop confidence in their abilities. The programs also help parents understand techniques that can be applied outside of the class.

#116367 4/25-6/20 Fridays 10:15-11am \$135

**SPORTBALL®**

### MULTI-SPORT

**Ages 3-5**

Sportball® is a dynamic sports program focusing on skill development in eight different sports. This creative, noncompetitive, and self-esteem-building program prepares all children for a future of confident sports participation.

#116364 4/25-6/20 Fridays 11am-12pm \$135

#116365 4/25-6/20 Fridays 1-2pm \$135

## SUMMER CAMPS!

*Summer camp registration is open now! You may pay the full tuition or reserve your spot with a non-refundable \$15 deposit with the balance due two weeks prior to camp.*

### LITTLE DANCER CAMP

**Ages 4-6**

Boys and girls explore dance & movement around a new theme each day through music, games, and creating their own dances. Parents and Friends are welcome to attend our performance at the end of the session. Please wear close fitting clothes with bare feet or ballet slippers. *Camp Director: Megan Barton*

#113835 7/14 - 7/17 Mon-Thu 9:30-11:30am \$75

#113836 8/11 - 8/14 Mon-Thu 9:30-11:30am \$75

### BRICKS4KIDZ CAMP

**Ages 2-5**

Reinforce essential preschool skills with a fun, new approach based on the time-tested popularity of LEGO® bricks! Introduce your preschoolers to the fun of learning, building and playing the Bricks 4 Kidz® way! Parents of non-potty-trained participants must be on site.

#113834 7/28-7/31 Mon - Thu 10am-12pm \$145

### BRIDGE CAMP

**Ages 11-17**

Learn the world's greatest card game. This partner sport is challenging, exciting and is always different. Last day of camp we'll have a pizza party / tournament.

#119064 8/4-8/8 Mon-Thu 10am-2pm; Fri 10am-3pm \$65

## RENTAL INFORMATION

Our facility is available for meetings, parties, dances and any special events! Tables and chairs included for up to 120 people.

**MULTI PURPOSE ROOM:** Beautiful hardwood floors and exposed brick walls; 128 Max Capacity, 1920 sq ft,

\$60/hr

**SMALL MEETING ROOM:** 27 Max Capacity, 407 sq. ft.

\$35/hr

**TODDLER ROOM :** 27 Max Capacity, 400 sq. ft.

\$35/hr, Toy fee: \$25

**KITCHEN:** Oven, stove, dishwasher, microwave, refrigerator, and some supplies

\$25/hr

Non-refundable booking fee: \$25

Staffing Fee: \$25/hr outside of operating hours +1 hour

Refundable Damage Deposit: \$250 for events without alcohol, \$500 with alcohol. Alcohol fee: \$75

## Seattle.gov/parks BELLTOWN COMMUNITY CENTER

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